



# CENTRAL FLORIDA JUDO & JUJITSU

CLASS	DAY	START	END TIME
Jr. Sport Judo (5 to 12 yrs.)	MONDAY	5:00 PM	6:00 PM
Jr. Sport Jujitsu (6 to 12 yrs.)	MONDAY	6:30 PM	7:30 PM
Sr. Sport Judo & Jujitsu	MONDAY	7:30 PM	9:00 PM
Jr. Sport Judo (5 to 12 yrs.)	TUESDAY	5:00 PM	6:00 PM
Jr. Sport Judo (6 to 12 yrs.)	TUESDAY	6:30 PM	7:30 PM
Sr. Sport Judo & Jujitsu	TUESDAY	7:30 PM	9:00 PM
Jr. Sport Judo (5 to 12 yrs.)	WEDNESDAY	5:00 PM	6:00 PM
Jr. Sport Jujitsu (6 to 12 yrs.)	WEDNESDAY	6:30 PM	7:30PM
Sr. Sport Judo & Jujitsu	WEDNESDAY	7:30 PM	9:00 PM
Jr. Sport Judo (5 to 12 yrs.)	THURSDAY	5:00 PM	6:00 PM
Jr. Sport Judo (6 to 12 yrs.)	THURSDAY	6:30 PM	7:30 PM
Sr. Sport Judo & Jujitsu	THURSDAY	7:30 PM	9:00 PM
Reserved for Private Class only	FRIDAY	FRIDAY	FRIDAY
Judo Kata Training (All Ages)	SATURDAY	9:00 AM	10:00 AM
Jr. & Sr. Sport Judo (All Ages)	SATURDAY	10:00 AM	11:30 AM
Skill Training (all ages) Judo & Jujitsu	SATURDAY	1:00 PM	3:00 PM